THE GOOD GRIEF PROJECT

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MANIFOLD FARM 29th – 31ST MARCH 2019

**REGISTRATION FORM (Inc. application for grant from THE RAINY DAY TRUST)**

*We are pleased to invite you to join us at MANIFOLD FARM Nr Belper in Derbyshire for an ACTIVE GRIEF WEEKEND in March 2019. Prices start from £300 per person (double occupancy) and include accommodation, full board, attendance to all sessions and more. Please complete this form only if you are applying for a* ***FULL GRANT*** *from* ***THE RAINY DAY TRUST****.*

**ABOUT YOU :**

Your Name

Address (inc Postcode)

Email

Phone number

Your occupation

(optional)

**Name of 2nd Attendee**

Address

Email

Phone number

Occupation

**ABOUT YOUR CHILD/ren :**

Name/s of your child/ren

Date/s of death: Age/s at death:

Cause/s of Death

Your relation to your child/ren:

Is this/are these your only child/ren? YES/NO

We will be using these details to complete your identity tag as follows:

**ACTIVE GRIEF WEEKEND**

Manifold Farm March 2019

**YOUR NAME**

**Remembering**

**YOUR CHILDS NAME**

**THE GOOD GRIEF PROJECT**

**ABOUT THE WEEKEND**

*The weekend is about encouraging an active as well as creative approach to grief. We want you to be inspired to find new ways of expressing your grief. There will be three workshops for you to take part in – photography, creative writing and physical activity. All these sessions will include elements of mindfulness. There is no requirement for any previous experience in any of these disciplines.*

**For the PHOTOGRAPHY WORKSHOP:**

Please let us know which type of camera you will be using:

|  |  |  |
| --- | --- | --- |
| **MOBILE PHONE :**  | **COMPACT :**  | **Digital SLR :**  |

**For the PHYSICAL ACTIVITY WORKSHOP:**

Please offer a rough indication of your fitness levels (mark with X one box only)

|  |  |
| --- | --- |
| **1 – Very low** (example - I can become out of breath from walking / climbing stairs) |  |
| **2 – Below average**  |  |
| **3 – Moderate** (example - I can withstand running or other cardio vascular exercise for more than 10 – 20 minutes) |  |
| **4 – Higher than average** |  |
| **5 – Very high** (example - I complete fitness based activity regularly and at a high intensity) |  |

Please offer a rough indication of how much exercise you currently do (mark with X one box only)

|  |  |
| --- | --- |
| **1 – 0 to 20 minutes per week** |  |
| **2 – 20 minutes to 1 hour per week** |  |
| **3 – 1 hour to 3 hours per week** |  |
| **4 – 3 hours – 5 hours per week** |  |
| **5 – 5 hours or more per week** |  |

Please list the types of exercise you currently do.

**BOOKING**

Manifold Farm offers flexibility of twins and double beds. The fee for the weekend is £300 per person for double occupancy or £350 per person for single occupancy. SEE BELOW if you are applying for a FULL GRANT from THE RAINY DAY TRUST

Please indicate your preference :

**Twin/Double** No ……… **Single** No ……..

Do you have any special dietary requirements?

Do you have any mobility requirements?

Our welcome packs will include a list of all attendees – are you happy to have your email address included **YES/NO**

Can you afford the full cost of the weekend? **YES/ NO**

Would you like to apply for grant from The Rainy Day Trust ? **YES/NO**

Please complete the form on the next page – this section will be forwarded to THE RAINY DAY TRUST for approval. Applications are invited from anyone (including a partner) who

1. has worked within the DIY, builders merchant, hardware or housewares industries for at least one year.
2. Has a household income of less that £25,000 per annum
3. Has less than £10,000 in personal savings

**If you do not meet these criteria please** [**return to our website**](https://thegoodgriefproject.co.uk/active/) **and download the standard registration form**

  **Registered charity number: 1170878.**

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| **GOOD GRIEF PROJECT RETREAT APPLICATION FORM** |
| **PERSONAL INFORMATION** |
| Name: |
| Date of Birth: | Marital Status: |
| Current Address: | Tel No | Mobile No |
|  |
| **EVENT TO BE ATTENDED** |
| Event name: | ACTIVE GRIEF WEEKEND |
| Event location: | MANIFOLD FARM (Derbyshire) |
| Event date: | 29th – 31st March 2019 |
| Number of people attending: | Sharing a room  | No.  | Single use of rooms | No.  |
| **Conditions of Application**. The Good Grief Project Retreat application is a one-off grant for parents who have lost a child and wish to attend an event organised by GGP. Payments will be made direct to GGP. In order to qualify for a Rainy Day Trust grant to pay for the retreat, applicants must have worked in the home mprovement industry for at least 1 year in any of the following sectors in any role: builders' merchant, DIY, hardware, housewares including potteries, glass, cookware and bakeware, garden centres and nurseries, or soft furnishings and floor coverings. The grant is for a maximum of two people to attend the retreat. |
| I declare that I have read and understood the Conditions of Application above, and that I meet the following eligibility criteria:**a. My/our household income is less than £25,000 per annum,****b. I/we have less than £10,000 in personal savings,**  **c. I, or my partner, have worked within the DIY, builders merchant, hardware or housewares industries for at least one year.** |
| Signed Main Applicant: | date |
| Signed Partner *(if applicable)* | date |
| **DATA PROTECTION STATEMENT***please tick the applicable boxes below.* |
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|  |  |  |
| --- | --- | --- |
|  |  |  |

I authorise Rainy Day Trust to hold and process my data as part of the assessment process for my grant.  |  |
| I authorise Connect Assist as Rainy Day Trust's casework provider to hold and process my data. |  |
| I authorise Rainy Day Trust to share my data with the Good Grief Project as part of the application process.  |  |
| I authorise Rainy Day Trust to hold my data for the purpose on informing me of other services and support that they may be able to offer me. |  |
| *I recognise that I may withdraw my consent for Rainy Day Trust to hold my data at any point. I recognise that I may exert my right "to be forgotten" at any point. I recognise that I may request to see any and all information held on me at any time by submitting a 'Subject Access Request' and that if I believe that any of the information held on me is incorrect, I have the right to have it corrected immediately. I also recognise that I can contact the Information Commissioner's Office if I believe that my data is not being held, processed or stored correctly.*   |

**WHAT TO DO NOW**

If you have completed the form digitally – please SAVE AS adding your name like this

**AGWRDTMarch(your name).docx**

and return as an attachment to the following email

**info@thegoodgriefproject.co.uk**

If you have printed and completed the form in long hand – please either scan and return as above or mail to:

Active Grief Weekends

THE GOOD GRIEF PROJECT

1 Cotswold Place, Chalford Hill,

Stroud, Glos GL6 8EJ.

**Cancellations**

If you want tocancel your booking please let us know by 29th February 2019 and we will refund your payment, less a £25 admin fee. After this date, we are sorry but our charity is unable to offer any refunds.

[**For more about THE GOOD GRIEF PROJECT please click here**](https://thegoodgriefproject.co.uk/)

[**For more about THE RAINY DAY TRUST please click here**](https://www.rainydaytrust.org.uk/)